

Nets

We have two weekly nets on VE7RXZ (147.220 MHz, +0.600 MHz, T100.0 Hz):

- Wednesday Mornings at 09:30 local time and 40m (7.120 kHz) after the 2m portion
- Thursday Evening at 19:30 local time and 80m (3.750 kHz) after the 2m portion

We welcome hams from any location to check in with us.

Our net manager is Robert (VE7RBE). And our net controllers are: Marc (VE7TBP), Steve (VA7SMI), Gord (VE7JGZ), Neil (VE7TBN), Ron (VE7PME), Richard (VA7RJQ), and Larry (VA7LSP)

- Here's is our [script](#)
- Some general [guidelines](#)
- [Net Logging Spreadsheet](#)



To print the list, [export to PDF](#) first, and then print page 2.

Net List

| Name | Time | Day | | | | | | | Frequency |
|---|---------------------|-----|---|---|----|---|----|------------------|---|
| | | M | T | W | Th | F | Sa | Su | |
| Morning Friendly net | 08:00 | M | T | W | Th | F | | | 3765 kHz LSB |
| The CVARS 8:15 Net | 08:15 | M | T | W | Th | F | Sa | Su | Island Trunk System |
| The Rainbow Country Net | 08:45 | M | T | W | Th | F | Sa | Su | VE7PRT (146.940 MHz –) |
| The New Horizon Net | 08:45 | M | T | W | Th | F | Sa | Su | VE7RYF (146.980 MHz – T103.5) |
| The Mira Breakfast Bunch | 08:45 | M | T | W | Th | F | | | VE7RPQ (145.370 MHz + T100.0) VE7RBB (147.180 MHz - T100.0) |
| NARA Coffee Klatch | 09:00 | | | | | | Sa | | VE7ISC (146.640 MHz – T141.3) |
| The Wrong Button Club | 09:00 | M | T | W | Th | F | Sa | Su | 3744 kHz LSB |
| Weekly Sunshine Coast ECT Net | 09:30 | | | W | | | | | VE7RXZ (147.220 MHz + T100.0) |
| The Trans Canada Net | 10:00 PST 11:00 PDT | | | | | | | Su | 14.140 MHz USB |
| The NARA 220 Net | 10:30 | | | | | | Sa | | VA7DXH (224.040 MHz – T141.3) |
| The Noon Time Net | 10:30 | M | T | W | Th | F | Sa | Su | 7284 kHz LSB |
| The Vancouver Island 6m nets | 10:45 | | | | | | Sa | | 144.210 Mhz USB ¹⁾ |
| | 11:00 | | | | | | Sa | | 50.150 MHz USB |
| The Noon Time Net | 11:30 | M | T | W | Th | F | Sa | Su | 3970 kHz LSB |
| The Aurora Net | 15:00 PST 16:00 PDT | M | T | W | Th | F | Sa | Su | 7100 kHz LSB |
| The NARA Sunday HF Net | 16:30 PST 17:30 PDT | | | | | | | Su | 3744 kHz LSB |
| The Manitoba Public Service Net | 17:00 | M | T | W | Th | F | Sa | Su | 3747 kHz LSB |
| The Sask. Public Service Net | 17:00 PST 18:00 PDT | M | T | W | Th | F | Sa | Su | 3735 kHz LSB |
| The Alberta Public Service Net | 17:30 PST 18:30 PDT | M | T | W | Th | F | Sa | Su | 3700 kHz LSB |
| The BC Public Service Net | 17:30 PST 18:30 PDT | M | T | W | Th | F | Sa | Su | 3729 kHz LSB |
| The B.C. Emergency Management Net | 18:00 PST 19:00 PDT | | | W | | | | | 3735 kHz LSB |
| The B.C. Northern Net | 18:00 PST 19:00 PDT | M | T | W | Th | F | Sa | Su | 3775 kHz LSB |
| The VE7PEP Emergency Radio Net | 18:30 | | | W | | | | | 147.570 MHz FM Simplex |
| The BC/Yukon Traffic Net | 18:30 PST 19:30 PDT | M | T | W | Th | F | Sa | Su | 3716 kHz LSB |
| CVERC Emergency Net | 18:45 PST 19:45 PDT | | | W | | | | | VE7RCV (146.780 MHz – T141.3) |
| The Salt Spring Island ARS Net | 19:00 | | | W | | | | | VE7RSI (147.320 MHz + T88.5) ²⁾ |
| The Salt Spring Island YL's Net | 19:00 | | | T | | | | | VE7RSI (147.320 MHz + T88.5) |
| The WARA YL Net | 19:00 | | | | Th | | | | VE7VIC (146.840 MHz – T100.0) |
| The West Coast AREDN VOIP Net | 19:00 | | | | | | | Su ³⁾ | Ext. 2400 |
| The VE7PEP Emergency Radio Net | 19:15 | | | W | | | | | Island Trunk System |
| The CVARS Monday Net | 19:30 | M | | | | | | | VE7RVC (145.470 MHz - T127.3) |
| SCARCS Thursday Evening Net | 19:30 | | | | Th | | | | VE7RXZ (147.220 MHz + T100.0) |
| The Arrowsmith Sunday Net | 19:30 | | | | | | | Su | VE7KU (147.240 MHz + T141.3) |
| The NARA Monday Night Net | 20:00 | M | | | | | | | Island Trunk System and ends on 3746 MHz ±5kHz |
| B.C. Northern Net | 20:00 | | | W | | | | Su | 3775 kHz LSB |
| Powell River Sunday Net | 20:00 | | | | | | | Su | VE7PRR (147.200 MHz + T141.3) |
| The 2020 Net | 20:20 | | | T | | | | | VE7RCV (146.780 MHz – T141.3) |
| The Sunday Night Wild Card Net | 21:00 | | | | | | | Su | VE7RVA (146.610 MHz – T110.9) and linked to IRLP node 1055 |
| Western Country Cousins Net | 21:00 | M | T | W | Th | F | Sa | Su | 3970 kHz LSB |

Island Trunk System



| City | Callsign | Frequency | Offset | Tone |
|------------------------|----------|-----------|--------|-------|
| Newcastle Ridge | VE7RNC | 146.700 | – | 141.3 |
| → Port McNeill | VE7RNI | 146.940 | – | |
| → Woss Lake | VE7RWV | 146.880 | – | |
| → Campbell River | VE7RVR | 146.820 | – | |
| → Mt. Washington | VE7NIR | 443.700 | + | 141.3 |
| Lost Lake | VA7DJA | 145.430 | – | 141.3 |
| → Ucluelet | VE7PRT | 147.200 | | 141.3 |
| → Mt. Benson | VA7ITS | 444.725 | + | 141.3 |
| → Mt. Brenton | VE7AQW | 146.680 | – | 141.3 |
| → Mt. Brenton | VE7AQW | 442.600 | + | 141.3 |
| → Victoria | VE7RAA | 443.575 | + | 136.5 |

The trunk has two main interconnected nodes: Sayward, and Lost Lake. The other repeaters are connected to either one of these two nodes.⁴⁾

Source: islandtrunksystem.org

Other Good Lists

- [Emergency Communications Nets](#)
- [Coquitlam's Amateur Radio Club](#).
- [Pacific North West VHF Society Nets](#)

¹⁾

Most stations are vertically polarized at the moment

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After the repeater portion, the Saltspring Island Net moves to 146.595 MHz T123.0 simplex followed by 3750 kHz LSB

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Every other Sunday

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Flowchart of ITS created using draw.io (aka diagrams.net) with:

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Lost Lake VA7DJA 145.430– 141.3->UHF link->Mt Brenton VE7AQW 146.680– 141.3 442.600+ 141.3
Lost Lake VA7DJA 145.430– 141.3->UHF link->Mt Benson VA7ITS 444.725+ 141.3
Lost Lake VA7DJA 145.430– 141.3->IP link->Ucluelet VE7PRT 147.200 141.3
Lost Lake VA7DJA 145.430– 141.3->RF link->Saltspring Relay
Saltspring Relay->RF link->Victoria VE7RAA 443.575+ 136.5
Newcastle Ridge VE7RNC 146.700– 141.3->220 link->Lost Lake VA7DJA 145.430– 141.3
Newcastle Ridge VE7RNC 146.700– 141.3->UHF link->Mt Washington VE7NIR 443.700+ 141.3
Newcastle Ridge VE7RNC 146.700– 141.3->220 link->Campbell River VE7RVR 146.820– 141.3
Newcastle Ridge VE7RNC 146.700– 141.3->220 link->Woss Lake VE7RWV 146.880–
Newcastle Ridge VE7RNC 146.700– 141.3->220 LINK->Port McNeill Airport Relay
Port McNeill Airport Relay->UHF LINK->Port McNeill VE7RNI 146.940–
  
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