

Net	Day	Time	Frequency
Alaska Emergency Net	Mon – Fri	09:30 LT	14.292 MHz
Canadian Red Cross Net	Sundays	11:00 PST noon PDT	14.125 MHz
BC Public Service Net	Daily	17:30 PST 18:30 PDT	3.729 MHz
VE7PEP Simplex ^α	Wednesdays	18:30 – 19:10 LT	147.570 MHz
PERCS HF ^β	Wednesdays	18:45 LT	3.735 MHz followed by 7.275 MHz
VE7PEP ITS ^δ	Wednesdays	19:15 – 19:40 LT	Island Trunk System
VE7SWF VHF	3 rd Wednesday	19:30 LT	VE7RPT repeater(146.940 -)
BC and Yukon NTS Net	Daily	19:30 LT	3.716 MHz

^α The purpose of the net is to make contact with EOCs in the Capital Regional District.

^β The net is held every Wednesday at 18:45 on 3.735 MHz LSB. Then at 19:00 we move to 7.275 MHz LSB. Net control on 1st, 3rd and 5th Wednesday is VE7SWF (South West PREOC) and on 2nd and 4th Wednesday is VE7PEP (Vancouver Island PREOC).

^δ The purpose of the net is to make contact with EOCs and interested amateurs in the Vancouver Island Region. Each of the Regional Districts are called in sequence.